

## Meeting discusses new school year

Airman Alexis Lloyd  
Public affairs

More than 60 parents gathered at the town hall meeting Monday at the theater to discuss the 2003 to 2004 school year, which started Thursday, with Columbus Municipal School District leadership.

“This year’s emphasis is on teams and working with teams in our schools,” said David Sullivan, Columbus Municipal School District superintendent.

The core values of the school district are:

❑ A high quality, public system of education is imperative for our city to flourish.

❑ Quality personnel who are knowledgeable, who deeply care about children and one another and who reflect the diversity of our community and society are vital for our success.

❑ High expectations for performance must be set for all district employees and students, and as a total organization, we must continually pursue improvement.

❑ Honesty, integrity, open communication, life-long learning, teamwork and individual needs must be demonstrated within the framework of organizational goals.

❑ Students, parents, educators and community members are partners in the educational process.

“The core values control the decisions we make, and they are very important to us,” Mr. Sullivan said.

❑ Special school dates for parents to remember are:

❑ Shortened school days — Aug. 27, Dec. 10, Jan. 28, March 10 and May 12

❑ Student holidays — Sept. 1, Oct. 1, Nov. 24 to Nov. 28, Dec. 22 to Jan. 2, Jan. 19, Feb. 27, and April 5 to April 9

❑ Student holidays with parent-teacher conferences — Oct. 13 and March 15

❑ Last day of school — May 21

A major point stressed by all district officials at the meeting was parents should not hesitate to call to the school or the superintendent’s office to discuss problems.

“I love Columbus and what we have to offer to students,” said Bob Williford, Columbus High School principal. “I also love our relationship with Columbus AFB.”

For more information on the school district or for school officials phone numbers, visit [www.columbuscityschools.org](http://www.columbuscityschools.org).



1st Lt. Richard Blakewood

Second Lt. Dale Zimmerman, Specialized Undergraduate Pilot Training Class 04-09, gets ready to strap himself in for a T-37 instructional sortie. Inside runway resurfacing was completed July 26.

## Repaired runway open for business

1st Lt. Richard Blakewood  
Public affairs

The inside runway pavement repair project was completed July 26 after six months of work.

All three runways are once again in use and flying operations are back to normal.

Prior to the beginning of the repair project, “Several concrete slabs were shattered or had severe cracks which led to spalling — small pieces of concrete breaking off,” said 1st Lt. John Trumm, technical design chief. “This created a foreign object damage

potential to the aircraft utilizing the runway.”

The construction began Feb. 1. The primary contractor for the project was Intersteel Inc. of Louisville, Ky. Ellis Construction Company Inc. of Columbus, Miss., managed the project and the construction using four subcontractors.

The project required a workforce of more than 100 people, with 52 workers a day on the job during peak construction periods.

The team placed 8,000 cubic yards of concrete and 71,000 tons of asphalt during the repair process.

Total construction cost for the pro-

ject was \$4.6 million.

“Since we have all three runways back up again, we are able to spend more time in the air,” said 1st Lt. Ryan Corrigan, 37th Flying Training Squadron instructor pilot. “We are not required to land with the higher fuel reserve required under dual runway operations. The end result is that our students can get more patterns, approaches and flying time per sortie.”

Similar repairs are being scheduled for the auxiliary field in late fall 2003, for the outside runway in summer 2004 and for the center runway in late fall 2004, Lieutenant Trumm said.

## Air Force unveils plan to wear test new utility uniform

Tech. Sgt. David Jablonski  
Air Force Print News

WASHINGTON — Air Force officials announced plans Wednesday for the wear test of a new utility uniform that could replace the current battle dress uniform.

The blue, gray and green tiger-stripe camouflage ensemble is a departure from the current woodland-pattern uniform and includes many new features that are intended to increase functionality and provide a distinctive look for airmen of the 21st century, officials said.

Three hundred uniforms will undergo wear testing from January to July at Elmendorf AFB, Alaska; Hurlburt Field, Fla.; Langley AFB, Va.; Luke AFB, Ariz.; McChord AFB, Wash.; Ramstein Air Base, Germany; Robins AFB, Ga.; Vandenberg AFB, Calif.; and Wright-Patterson AFB, Ohio.

The test will generate feedback about fit, durability and functionality.

“Our intent is to create a uniform that will be distinctive, practical, easy to maintain, comfortable and, most important, a uniform you will be proud to wear,” said Air Force Chief of Staff Gen. John Jumper.

“We have become a more expeditionary force, with less time at home to spend caring for the uniform,” General Jumper said. “In the last 20 years, material technology has improved greatly. As a result, we have designed one uniform that can satisfy our various climates and utility needs, while eliminating the need for professional ironing to provide a polished appearance.”

General Jumper said the distinctive Air Force uniform is designed to fit well, look sharp and require much less maintenance than the current uniform.



Master Sgt. Jim Varhegyi

Airman 1st Class Jonathan Besko and Senior Airman Brandi Wyatt, Bolling AFB, Wash., try out the new test uniform.

Chief Master Sgt. of the Air Force Gerald Murray said great care is being taken to ensure the best possible uniform is created to meet future needs.

“I believe that one of the great strengths of our Air Force and its airmen is the ability to adapt to new missions, new technologies and an ever-changing world landscape,” he said. “This new utility uniform is another example of seeing a need for improvement and moving forward.”

A key step in bringing any new uniform item into service is feedback from airmen in the field, Chief Murray said.

“I believe it’s a uniform fitting of the world’s greatest expeditionary Air Force and one that we will be proud to wear,” he said. “We want your feedback as well — not shoot-from-the-hip feedback, but feedback that comes from seeing the uniform in action and thinking about how it will

## Airmen get sneak peek at new uniform

Tech. Sgt. David Jablonski  
Air Force Print News

WASHINGTON — A prototype of the new Air Force utility uniform was unveiled July 9 in various duty sections at Andrews AFB, Md., and Bolling AFB, D.C.

Senior Master Sgt. Jacqueline Dean, from the Air Force uniform board, enlisted the aid of eight airmen to demonstrate both the men’s and women’s version of the blue, gray and green tiger-stripe camouflage uniform for photographers.

Opinions varied, but were largely positive.

Second Lt. Arcelia Miller, from the Air Force’s special security office, tested the uniform in an entry-control-point environment at Andrews.

“I like (the blouse) tucked in,” she said. “It looks super.”

Miller said she also like the uniform’s look and fit.

“The color is different,” she said. “I like

it; it’s comfortable and it’s low-maintenance. It has a bunch of Air Force logos, and I like the rigger belt, and I love the black T-shirt - it’s very professional looking.”

Senior Master Sgt. Vicky Jones, from Bolling AFB’s 11th Security Forces Squadron, observed other security forces members in the uniform.

“I like it; the material reminds me of the old fatigues,” Jones said. “It’s lightweight (and) it looks like it conforms better to the body. And it’s Air Force blue, ooh-rah! It’s good to be back in the Air Force.”

Capt. Rachel Sullivan of the 89th Maintenance Group at Andrews was surprised.

“They’re ... blue!” she exclaimed.

Captain Sullivan and Tech. Sgt. Thomas Stone, also from the 89th MXG, wore the uniform while reviewing maintenance checklists for a C-9 Nightingale.

“The pants seem to fit better and the belt’s nice and big,” Captain Sullivan said.

Captain Sullivan also noted that, while many maintainers use the lower shirt pockets, the new uniform has only breast pockets on the blouse.

“I don’t care for the (Navy) Seabee-style hat or the embroidered T-shirt,” Sullivan added, but she said she was otherwise pleased with the women’s cut.

Performance-wise, Sergeant Stone felt that “the cuffs got in the way a bit” while he was going through his maintenance routine. Unlike Captain Sullivan, he did not like the belt.

In another flightline environment, Staff Sgt. Crystal Cardinale tried out the uniform while working on a District of Columbia Air National Guard F-16 Fighting Falcon.

“I like the T-shirt,” the 113th Fighter Wing crew chief said. The T-shirt is a black, three-button Henley-style shirt with the Air Force logo on left breast and the wearer’s name embroidered on the right.

Inside Bolling’s 11th Communication Squadron server room, Senior Airman

meet your needs based on your work environment.

“It’s important to remember that this is a wear test, and the decision about whether or not to adopt some, all or none of this uniform will be made after considering the results of the test and feedback about how it meets airmen’s needs,” Chief Murray said.

According to officials, the wash and wear uniform will be easier to maintain and will not require professional laundering or starching. Officials estimate that home laundering can save up to \$240 in laundry costs over the course of a year.

Unlike the current BDU, the new version comes in men’s and women’s cuts. The separate women’s uniform reflects the growth in the number of women in the service. In the late 1980s women comprised less than 13 percent of the total force; today nearly one in five airmen are women.

Officials said other possible advantages to the uniform include:

❑ Using the same fabric identified by the Marines as the optimum material for wash and wear characteristics;

❑ A camouflage pattern that corresponds to the jobs airmen do in most situations that require a utility uniform,

❑ Recalling the “tiger stripe” camouflage pattern used during the Vietnam War, but with the distinctive Air Force logo embedded into a color scheme that preliminary testing indicates may provide better camouflage.

Officials are also considering maintenance-free boots and alternative T-shirts.

The uniform patterns are being cut, with production to begin in November. Data collection and analysis, and any potential adjustments, will occur from August through October 2004. A final decision on the uniform is expected in December 2004. If approved, production could begin as soon as 2005, with a phase-in date to be determined.



Master Sgt. Jim Varhegyi

Staff Sgt. Daryl Alford dons the test Air Force utility uniform.

Brandi Wyatt recognized the new uniform’s low-maintenance appeal.

“It’s wash and wear, and that’s my kind of uniform,” Airman Wyatt said.



## NEWS BRIEFS

### Medical Group closure

The 14th Medical Group closes from noon to 5 p.m. today for an official function. Active-duty flyer sick call hours are at 7:30 and 11 a.m. this day only. The health and wellness center closes from noon to 3 p.m. For more information, call Ext. 2235 or Ext. 2236.

### Confirmation classes

The chapel has confirmation classes for people 14 years and older, including active-duty personnel. The first meeting is at 6:30 p.m. Aug. 23 in the chapel conference room. For more information or to register, call Ext. 2500.

### Women’s Day

A Women’s Day Symposium is at 5 p.m. Aug. 26 at the Columbus Club. The event features Col. Maggie Woodward, 12th Operations Group commander at Randolph AFB, Texas. Cost is \$9.50 for members and \$11.50 for nonmembers. Cost covers Pacific-buffet dinner. For more information, call Ext. 7001 or Ext. 7073.

### Resale lot

The auto skills center pre-owned vehicle resale lot is at the corner of 7th Street and C Street. Vehicles placed in this lot must be registered with auto skills. An administrative fee of \$5 per month is charged per vehicle. For more information, call Ext. 7842.

## Columbus AFB people register to give ‘gift of life’

Senior Airman Amanda Mills  
Public affairs

More than 85 people signed up to donate bone marrow at a registration drive July 31 at the chapel annex and Phillips Auditorium. The C.W. Bill Young Department of Defense Marrow Donor Center and the 14th Flying Training Wing Military Equal Opportunity office sponsored the event to help find suitable marrow donors for patients diagnosed with fatal blood diseases such as leukemia or lupus. “This registration is very important because you could be part of saving someone’s life,” said Tech. Sgt. Michael Rieger, 14th FTW ME. “Unfortunately matches are hard to find; there is such a small chance that you will be a match — about one in 25,000. So it is especially important that all physically-able personnel give that one vial of blood for registration into the [program]. I would like to thank each and every one of those BLAZE members for coming out and

## Briefings to explain new ID card system

Airman Boto Best  
Public affairs

Columbus AFB people who are eligible for the new Department of Defense Common Access Cards can attend one of several presentations Aug. 12 to Aug. 14 at the community center.

The presentations will give users a basic understanding of what the system is, why the DOD is implementing it and how it works, said Capt. Gayle Peters, information systems flight commander.

All active-duty military, active guard and reserve, DOD civilians, some contractors and foreign nationals are eligible to receive the new cards, which are also the new standard military identification cards.

The presentations are at 8 a.m., 9:30 a.m., 11 a.m., 1 p.m. and 2:30 p.m. The sessions are 45-minutes long and include time for questions and answers.

“All personnel eligible for a [card] are highly encouraged to attend one of these informative presentations even if they have not yet been issued their [cards],” Captain Peters said.

The new IDs are part of a military-wide Public Key Infrastructure, a system designed to protect sensitive and official information from terrorists, hackers, viruses and other threats to the military’s information security, said a release from the PKI System Program Office at Lackland AFB, Texas.

“Most squadrons already have card readers that were installed on their computers between April and May,” said 2nd Lt. Aaron



Airman Boto Best

Edward Murphy, Lear Siegler Inc., gets his new common access card from Jonathan Waldoch, Public Key Infrastructure implementation specialist.

Mitchell, CAC/PKI project officer.

The new ID cards have hi-tech capabilities the old ones didn’t. For example, users will be able to digitally sign their e-mails. They will also be able to send and receive encrypted messages only by using their cards.

“Some squadrons will have special circumstances with their systems and will need to have their questions answered at the orientation sessions,” Lieutenant Mitchell said. The deadline for the project’s completion is Oct. 1.

Eligible people are asked to make an appointment with their orderly room in order to get new IDs made at the personnel center.

They will need to bring their old IDs and a six to eight digit personal identification number they can remember.

For more information, call Ext. 2113.



Senior Airman Amanda Mills

Howard Parson, 14th Medical Support Squadron, watches while Airman Alfonso Rosales, 14th MDSS, takes a small amount of blood.

supporting such a wonderful cause.”

Volunteers had people complete an information and consent form and 14th Medical Group people drew small blood samples.

The samples are then sent to the Naval Medical Research Institute in Bethesda, Md., where marrow types are determined and entered into a national registry.

## Fitness focus as way of life — A commander’s view

Lt. Col. Jim Davis  
14th Mission Support Squadron



(Editor’s note: The sight picture “Fit to Fight” is on Page 16.)

Having just read the Chief of Staff of the Air Force’s Sight Picture “Fit to Fight,” I thought this might be an appropriate time to address our fitness. It’s somewhat alarming that some of our young officers and airmen don’t exercise regularly.

That’s not as unusual as you might think when looking at national statistics provided by Capt. Nina Perino, health and wellness center chief. Many Americans live sedentary lives; in fact, 40 percent of adults in the United States don’t participate in any leisure time physical activity. Less than one-third of

adults engage in the recommended amounts of physical activity of at least 30 minutes of moderate physical activity most days of the week. Interestingly, military members are no more active than the average American according to national surveys.

So how do we combat this tendency? First, we follow the CSAF’s suggestion and lead the way as commanders and supervisors. Working in the Air Education and Training Command, we have the unique opportunity to shape, and change if necessary, the habits of our future officer and enlisted leaders early in their careers. Next, we work together towards a fitness goal. Several squadrons on base including mine have mandatory fitness periods. Of the three sessions the 14th Mission Support Squadron has each week, one is a group timed 1.5-mile run. The goal is not to see who is the fastest or slowest, but to set a mark, show progression and encourage each other.

The last piece of the equation is enforcing standards.

According to the Center for Disease Control, 64.5 percent of the U.S. population is either overweight or obese. The Air Force is in better shape than the general public, but we cannot continue to “let people slide” on weight standards. We’re doing them, and our Air Force, a disservice. It’s common knowledge that there’s a correlation between health and obesity. Other than the obvious personal health implications, we need to have each member of our team “in the fight.” In this age of reduced manning/experience, especially at smaller bases like Columbus AFB; that one person may be the only person with the critical skills to get the job done.

Many people — and I’ve been there — say that there’s no time to work out. Your unit schedule may not allow for group physical training, but everyone can make individual time. That’s a conscious decision each of us makes. So the next time you’re deciding whether to lie on the couch and watch “Survivor” or hit the gym — be a real survivor and get out there.

## STRAIGHT TALK LINE

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. Although the Straight Talk Line is always available, the best way to resolve problems is through the chain of command.

The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential. Messages are answered in the Silver Wings without names.

Written questions may also be brought to the public affairs office in the wing headquarters building, Bldg. 724. People can also access the Straight Talk program through the Blazeweb at <https://columbusweb> and the main website at [www.columbus.af.mil](http://www.columbus.af.mil).

Questions and answers will be edited for brevity.



### Trash cans at the unaccompanied officer quarters

Question: I was using the lounge area of the unaccompanied officer quarters I am staying in and noticed that the building, although new, looked very trashy. This is not because the people staying there are messy, but because the trash receptacles are very small. My suggestion is that larger cans cans should replace the small trash cans, and recycling bins should be added as part of the great on-base recycling initiative we have here. This would tidy up the appearance of the rooms and aid in our conservation of resources.

Answer: Thank you for your concern. We are adding additional recycling containers and are reviewing the cleaning schedule in the common area to determine if it is needed more often. Recycling bins are available for UOQ residents in a common recycling area near Bldg 966. Per your suggestion, we’ve contacted the recycling center to add aluminum recycling containers, on a trial basis, for the UOQ commons building lobby.

Col. Steve Schmidt

14th Flying Training Wing commander

## SILVER WINGS

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434-7069, or e-mailed to [silverwings@columbus.af.mil](mailto:silverwings@columbus.af.mil) by 2 p.m. Friday. The Silver Wings staff reserves the right to edit or rewrite all copy submitted when necessary.

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Editor

Airman Alexis Lloyd

Staff writer

Airman Boto Best

## Key phone numbers

Base Exchange.....	434-6013
Chaplain.....	434-2500
Civil Engineer Service Desk.....	434-2856
Civilian Personnel.....	434-2635
Clinic:	
Family Practice.....	434-2172
Appointment Desk.....	434-2273
After Hours Care.....	434-2273
Columbus Club.....	434-2489
Commissary.....	434-7106
Finance.....	434-2706
Housing Maintenance.....	434-7370
Inspector General.....	434-2927
Legal Office.....	434-7030
Military Equal Opportunity.....	434-2546
Security Forces.....	434-7129
Shoppette.....	434-6026



# Parents, kids spend meaningful time together on National Kids Day



Lt. Col. Frank Rossi, 50th Flying Training Squadron, and Frank Rossi Jr., 3, decorate a hat at the youth center.



Lucille Mixon, child development center care giver, makes a hat for Erin Graves, 7, out of newspaper.

**Airman Alexis Lloyd**  
Public affairs

“We pledge to spend meaningful time together, to talk, to listen, to learn and to play, to share a moment, create a memory and make a kid’s day.”

More than 100 parents and children recited the National Kids Day Pledge Saturday at the youth center.

The day’s events began with a scavenger hunt fun-run walk at 8 a.m.

More than 50 people looked for the name of the golf course, calculated how many people of average height it would take to reach the top of one of the tallest trees on

base, ate cookies and drank lemonade along the way.

Every family who participated in the fun-run walk received three prizes to promote family activities like card games, puzzles and board games.

“Every day should be Kids Day,” said Kevin Jimerson, participant. “I try to do things with my kids as often as possible because sometimes they make my day, and sometimes I make their day.”

A bouncy castle, beanbag toss, wooden-bottle bowling, ring toss, basketball throw, golf putt, and arts and crafts kept children and their parents busy for the rest of the morning.

Hamburgers, hotdogs, chips, cookies and

drinks were served from 10 a.m. to noon.

“The event went very well — terrific participation from kids living on and off base,” said Kayline Hamilton, youth center director. “I feel this was a great opportunity for parents to spend quality time with their children.”

National Kids Day is celebrated annually during the first weekend in August.

“The youth center has plans to make the CAFB Kids Day event bigger and better each year,” said Jayne Abshire, family member programs flight chief.

For more ideas to spend meaningful time between parents and children year round, visit [www.kidsday.net](http://www.kidsday.net).



Tristan Bonton, 10 months, plays with a balloon while his brother Mason, 3, catches bubbles from his mom Staff Sgt. Nicole Bonton, 14th Mission Support Squadron. They were a few of the National Kids Day event participants at the youth center Saturday.

Photos by Airman Alexis Lloyd



Lt. Col. Jim Davis, 14th Mission Support Squadron commander, and his daughter Meagan Davis, 12, start the fun-run walk.



## AT THE CHAPEL

### Chapel schedule

#### Catholic

##### Sunday activities:

9:15 a.m. — Mass  
10:30 a.m. — CCD  
5 p.m. — Confessions

5:30 p.m. — Mass

#### Wednesday

11:30 a.m. — Mass

#### Protestant

##### Sunday activities:

9 a.m. — Sunday school  
10:45 a.m. — Traditional worship  
1 p.m. — Contemporary worship

For Islamic, Jewish, Orthodox or other services, call the chapel at Ext. 2500.

## AT THE MOVIES

All movies are shown at 7 p.m., unless otherwise noted, at the theater.

#### Today

“28 Days Later” (R, strong violence and gore, language and nudity, 113 min.)

Starring: Cillian Murphy and Naomie Harris.

#### Saturday

“Charlie’s Angels: Full Throttle” (PG-13, action violence, sensuality and language/innuendo, 106 min.)

Starring: Cameron Diaz and Drew Barrymore.

#### Aug. 15

“Sinbad: Legend of the Seven Seas” (PG, adventure action, some mild sensuality and brief language, 86 min.)  
Animated.

## CHANNEL 64

BLAZE 64 offers announcements for people living in base housing or the dormitories.

Call 1st Lt. Richard Blakewood for more information at Ext. 7065.

#### Weekdays

9 a.m., noon and 2 p.m.

Air Force Television News

Monday through Aug. 15

9:30 a.m., 12:30 p.m. and 2:30 p.m.

College Level Examination

Program Tapes:

Humanities

## FAMILY SUPPORT



**Remote/deployed briefing:** Military people who are going remote or being deployed must attend a mandatory briefing offered at 9 a.m. Thursdays.

For more information, call Ext. 2790.

**PCS information:** PCS moving guides, SITES books and automaps that are helpful when relocating are available at the center.

For more information, call Ext. 2790.

**Spouse class:** An active-duty spouse employment class for medical transcription begins Aug. 12 every Tuesday and Thursday night for eight weeks at the education. center.

The course is free, but registration is required. For more information, call Ext. 2839.

**Training seminars:** Two self-improvement seminars are scheduled for Aug. 27.

Personal values seminar for ages 17 to 23 is from 10 to 11 a.m.

Supervisor interpersonal communications seminar is from 2 to 4 p.m. Registration is required. For more information or to register, call Ext. 2631.

**Self-paced training:** Self-paced computer training for Word, Excel, Access, PowerPoint, Outlook, Publisher, FrontPage and PhotoDraw.

Each program has three levels of expertise. For more information, call Ext. 2839.

**Discount books:** Books full of discounts on hotels in other states, as well as information on many things to do in the local area and the state are available on the family support center’s walls of information. For more information, call Ext. 2790.

**Free child care:** Arriving and departing active-duty Air Force people can receive up to 20 hours of free child care per child with the Childcare for PCS program.

Certificates are available within 60 days of departure or arrival.

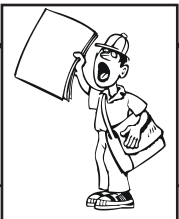


Senior Airman Amanda Mills

## Pride store

**Danny Stephens, 14th Civil Engineer Squadron Pride Store, puts a flag on a shelf. The pride store issues household items such as insecticides, tools, flags and offers assistance to facility managers for upgrades. The hours are from 9 a.m. to 4 p.m. Mondays to Fridays. Call Ext. 7372.**

## BASE NOTES



**Clinic closure:** The clinic closes at 12:30 p.m. Thursdays for training. Flight medicine and dental sick call is at 7:30 and 11 a.m. Thursdays.

**Thrift shop:** The thrift shop is now open from 4 to 8 p.m. Tuesdays and from 9 a.m. to 1 p.m. Thursdays in Bldg. 345 beside the youth center.

Consignments are taken until one hour before closing.

Volunteers are needed. For more information, call 434-2954.

**Boy scouts:** The Columbus AFB Boy Scouts Troop 52 meetings are scheduled for 9:30 a.m. Saturday, 6 p.m. Aug. 25, 9:30 Sept. 6 at the fitness center. For more information about the scouts, call Ext. 2504.

**Fitness assessment:** Fitness examinations as part of a physical health assessments at the health and wellness center are available on a walk-in basis from 7 to

8 a.m. Retests are available from 8 to 9 a.m.

Appointments are at other times during normal duty hours from 7 a.m. to 4 p.m. Mondays through Fridays.

The center is closed holidays and official down days.

For more information or to schedule and appointment for shift workers, please call Ext. 2477.

**VI requests:** The AF Form 833, Work Request for Visual Information Services, (still photography, graphic arts, video support and presentations support) is available on the electronic forms program under Air Force Forms.

Customers should print out their work requests at their desktop and deliver the work request to the VI customer service desk. The VI center no longer provides blank forms for the customers use. For more information, call Ext. 7599.

**Base decals:** Columbus AFB decals have arrived at 14th Security Forces Squadron Pass and Registration.

Anyone needing a decal can come by the pass and registration in Room 106 of Building 926 from 8:30 a.m. to 4:30 p.m.

Everyone is reminded to bring their state registration and current proof of insurance. For more information, call Ext. 7133.

# CAFB goes back to school with services

**Silver Star Casino Trip:** Information, ticket and travel offers a trip to the Silver Star Casino today. The cost is \$15 and includes transportation and \$15 in coins. The bus leaves from the community center parking lot at 5:30 p.m. The next trip is Aug. 15. Call Ext 7861.

**All ranks bingo:** Games begin at 6 p.m. Fridays in the community center ballroom. People play five \$75 regular games, one \$125 odd and even coverall game and a \$1,000 progressive jackpot game. Consolation prize is \$150 if the jackpot does not go. Admission fees for nonmembers are \$5. Payout is based on a minimum number of players. Call Ext. 2489.

**A la carte menu:** The Columbus Club features an a la carte menu for lunch from 11 a.m. to 1 p.m. Mondays through Fridays. Call Ext. 2489.

**Back to school swim party:** The youth center offers this program from 7 to 10 p.m. Saturday. There will be music, food and lots of fun and games during the event. Cost is \$5 for members and \$8 for nonmembers. Register by Saturday at the youth center. Call Ext. 2504.

**Sunday brunch:** The Columbus Club offers this special brunch from 10:30 a.m. to 1:30 p.m. Sunday. Cost is \$10.95 with club members receiving a \$2 discount. Call Ext. 2489.

**Crafts classes:** The skills development center offers youth and adult crafts classes. The adult classes include making a USA sign Tuesday, a fabric covered box Aug. 19 and a mosaic covered box Aug. 26.

The youth classes include making, a carry all can, Wednesday, flower magnets Aug. 20 and spoon snakes Aug. 27. Register at least four days in advance to ensure all supplies are available. Call Ext. 7836.

**Youth center bingo:** The youth center offers an all members bingo at 6 p.m. Aug. 15. Playing five regular games and one coverall game. Win great prizes. Members play free and all others pay \$1 to play. Call Ext. 2504.

**Give Parents a Break/Parent’s Day Out:** Make reservations by Wednesday for Parents Day Out scheduled for Aug

16. from 9 a.m. to 3 p.m. Cost is \$3 per hour and a nonrefundable \$5 deposit is required. Call the Ext. 2479 for more information or to reserve a space for your child.

**Club membership night:** This event is Aug. 20 at the Columbus Club.

The theme is a Hawaiian Luau and the pool has been reserved for the event. There will be free food, drinks and live entertainment.

This event will kick off the 2003 “Travel the World On Us” Air Force Club Membership campaign. More information will be available at a later date. Call Ext. 2489.

**Casino and boxing trip:** A casino and boxing trip to Biloxi is Aug. 23. A women’s professional boxing match between Laila Ali and Christy Martin is at the Biloxi Coliseum. Cost is \$135 and includes one night lodging, ticket to boxing match and transportation. Call Ext. 7861.

**Family child care providers needed:** Anyone interested in providing child care in their home on base should call the family child care office at Ext. 2486.

The family child care program accepts children, staff members and approved providers with chronic health problems. Providers may participate in the United States Department of Agriculture food program.

**Quick shot bingo:** The bowling center now offers quick shot bingo anytime the Bowling Center is open. Cash prizes are offered. Cards ar \$1 each.



Rachel Kasic

## Back to school

**Mackenzie Swedenburg, 3, reads a book at the child development center. She will be attending the half day pre-school program beginning Aug 18. Participants for pre-school are being accepted now. All sessions are from 8:30 to 11:30 a.m. and are available Mondays, Wednesdays and Fridays; Tuesdays through Thursdays; and Mondays through Fridays. The program offers a learning atmosphere filled with hands-on activities for children 3 to 5. Fees are based on total family income. For more information, visit the CDC to register or call Ext. 2486.**

Travel the  
World on  
Us  
Coming  
Soon!



Sign up to be a  
club member and enter  
to win great prizes!  
Program runs  
Aug. 18 to Oct. 31  
Current club members  
automatically entered. For  
more information,  
call Ext. 2489.



**Columbus tour:** The Columbus Historic Foundation sponsors a historic bus tour of Columbus Aug. 16 and Sept. 6.

All tours leave at 9 a.m. from the Tennessee Williams Welcome Center at 300 Main Street.

The tour includes homes, churches, cemeteries and historic roadways in the three districts of Columbus on the National Register of Historic Places.

Cost is \$10 per person, which includes lunch at the Backdoor Restaurant. Souvenir tickets are available at the Tennessee Williams Welcome Center. For more information, call 329-5300 or (800) 920-3533.

**Comedy night:** James Logan presents Comedy Night at the Princess Theatre Aug. 23. Showtime is from 9 p.m. until 11 p.m.

Admission is \$4 per person. For more information, call 327-6789.

**Charity sale:** McRae’s Charity Sale is Sept. 13. The tickets for the special sale are \$5.00 each and available at the Columbus Arts Council on Main Street in downtown Columbus.

The proceeds from the tickets will go to the Columbus Arts Council and the Rosenzweig Arts Center. For more information, call 328-2787.

**Chili cook off:** A “Great Bowls of Fire” chili cook-off is Sept. 20 and Sept. 21 at Harrah’s Tunica Casino and Hotel.

This event is the only kind in Mississippi sanctioned by the International Chili Society.

People across the Mid-south compete for \$6,000 in cash prizes and trophies, including \$3,000 to the winning team and two free trips to Reno, Nev., to compete for \$25,000 in the 37th Annual World’s Championship Chili Cook-off at Reno in October.

The competition includes four contests: the Main Cook-off and the Peoples Choice contest on Saturday, when teams compete for cash prizes and/or trophies.

The local businesses and local restaurants cook-offs are Sunday, when teams compete for charitable donations, trophies and prize packages.

Participation in Main Cook-off is free for International Chili Society members and \$42 for non-members.

For more information, call (662) 357-2742 or visit [www.harrahs.com](http://www.harrahs.com) and go to the Tunica site.

# Fit to fight: View from Air Force Chief of Staff

**Gen. John Jumper**  
Air Force Chief of Staff

Our superb Total Force performance in Operations ENDURING FREEDOM and IRAQI FREEDOM secured our reputation as the greatest Air Force in the world. We should all take great pride in that. Our execution of the war plan was also consistent with our core values. Integrity, in that we upheld the highest standards of performance, learned from the things we could have done better, and will make ourselves better as a result; service before self, in that 40,000 warriors deployed forward, supported by thousands more back home, to do the right thing for the people of Iraq and to play our part in the joint air, land, and sea effort; and excellence, in that we demonstrated the ability to plan and execute air and space missions with a degree of precision never before achieved. When looking at our Air Force overall, I am very pleased. One aspect of our Total Force that does need improvement, however, is our physical fitness.

About ten years ago, we transitioned to fitness testing based on the cycle ergometry test. This was done to preclude injuries experienced in the previous 1.5-mile run format. It was also deemed a more precise and high-tech way to measure aerobic performance. My belief is that we are a much different Air Force today. We deploy to all regions of the world, living in tent cities and working on flight lines in extremes of temperatures. Some of our airmen today are operating from inside Iraq, subject to attack, and could be called upon to help defend the base, a trend that will surely increase in the growing expeditionary nature of our business. The amount of energy we devote to our fitness programs is not consistent with the growing demands of our warrior culture. It’s time to change that.

We will soon release a new fitness program that gets back to the basics of running, sit-ups, and pushups. There will be accommodations made for those who aren’t able to run for legitimate reasons. The cycle ergometry test may still be used for those not medically cleared to run.

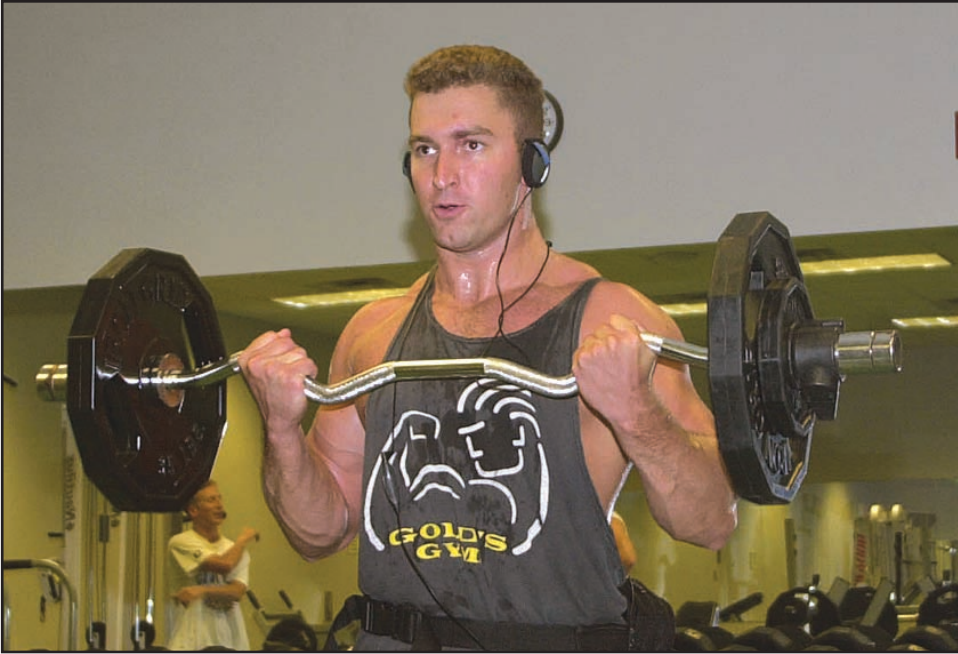
We are planning to issue physical training (PT) gear as part of the program and to put responsibility for PT in the chain of command, not with the medical community or the commander’s support staff. I expect this effort to be led from the top, starting with commanders and senior NCOs, and I expect those who have trouble meeting the standards to be helped by others in their unit until they do meet the standard. Physical fitness should also be an area of concern for the Air Force civil servants. I encourage the civilian members of our Air Force organizations to join with their uniformed peers in participating in this program.

While we have weight and body fat standards that we must meet, there will be some, weightlifters in particular, who may be perfectly fit but not meet these standards. This is where I expect commanders to step in and make a decision.

Everyone will have to pass the commander’s eyeball test about how fit we are to wear the uniform. Every year we muster out about 400 people from our Air Force because of fitness issues. We should ask ourselves how many of those people were really trying to meet the standard and how many leaders and supervisors took an active part — getting out and running with them, etc. — in helping them meet the standard.

We will start this program on 1 January 2004 so there is plenty of time for us to get ready. You can use me as a benchmark.

I am currently recovering from abdominal surgery and



Airman Boto Best

**Joel Neeb, 37th Flying Training Squadron, lifts weights at the fitness and sports center.**

am not allowed to run for another two weeks. I won’t be able to do any sit-ups for another month. During the first week in January I plan to lead all Air Force General Officers in the Pentagon and the Washington, DC area in the PT test. During the same week, Chief Master Sergeant of the Air Force Murray will do the same thing with our Command Chiefs in the area. We will follow that with the colonels, the remaining chief master sergeants, etc. We will ask the MAJCOM commanders to lead similar efforts as their operational situations allow.

I think all of us can agree that we were disappointed with the fitness standards we found when we came into the operational Air Force. We expected to be required to sustain the standards required in basic training, the Air Force Academy, ROTC or Officer Training School. Let’s not disappoint ourselves any longer. The message is simple: if you are out of shape, fix it. If you have people in your squadron who need help, help them. January 2004 is the date. Be ready.

## SHORTS

### Fall bowling leagues

Registration for the fall bowling leagues begins today. Leagues available are: the Tuesday night mixed, Wednesday night couples, Thursday night intramurals, Monday night and Tuesday morning ladies.

The Tuesday night league conducts its organizational meeting at 6 p.m. Aug. 19 at the bowling center. For more information, call Ext. 2426.

### Whispering Pines Championship

The Annual Whispering Pines Championship for men and women is Aug. 31 to Sept. 1 at the golf course. A men’s and women’s scratch and handicap champion. Register before Aug. 25 at the golf shop.

Entry fee is \$30 per person. For more information, call Ext. 7932.

### Kindergym child care

People with children and a workout partner can come to the fitness and sports center from 9 a.m. to 10:30 a.m. Mondays, Wednesdays and Thursdays.

Workout partners take turns watching the children. Call Ext. 2773.

### Karate

Tae Kwon Do classes for ages 5 and older are from 6 to 7:30 p.m. Tuesdays and Thursdays in the youth center. Cost is \$40 per month. For more information, call Ext. 2504.

### Family bowling night

The bowling center offers a family special from 6 to 9 p.m. Wednesdays. For more information, call Ext. 2426.

## Bargain Line advertisement

*The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees. Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue. Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads. Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.*

Type of advertisement (circle one):    Home    Transportation    Miscellaneous    Yard sales    Pets

Print advertisement: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name: \_\_\_\_\_

Home Telephone #: \_\_\_\_\_ Duty Telephone #: \_\_\_\_\_  
(in case we need more information)

**Please let us know what you think of the Silver Wings:**

Are you happy with the Silver Wings?    Yes ☐    No ☐

What would you like to see more of in the newspaper?    News ☐    Sports ☐    Photos ☐

If you would like to give any other suggestions, please e-mail us at [silverwings@columbus.af.mil](mailto:silverwings@columbus.af.mil).